## ANNE GOODWIN SUGAR AND SNAILS



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Anne Goodwin **AUTHOR:** 

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# SUGAR AND SNAILS

by Polari Prize-shortlisted author, Anne Goodwin

At fifteen, she made a life-changing decision. Thirty years on, it's time to make another.

When Diana escaped her misfit childhood, she thought she'd chosen the easier path. But the past lingers on, etched beneath her skin, and life won't be worth living if her secret gets out.

As an adult, she's kept other people at a distance... until Simon sweeps in on a cloud of promise and possibility. But his work is taking him to Cairo, the city that transformed her life. She'll lose Simon if she doesn't join him. She'll lose herself if she does.

Sugar and Snails describes Diana's unusual journey, revealing the scars from her fight to be true to herself. A triumphant mid-life coming-of-age story about bridging the gap between who we are and who we feel we ought to be..

### **ABOUT THE AUTHOR**

Anne Goodwin studied Mathematics and Psychology at Newcastle University around the same time as the narrator of Sugar and Snails. After twenty-five years as a clinical psychologist, she now focuses on writing and reviewing fiction.



#### **PRAISE**

[Shortlisted for the 2016 Polari Prize]

"An absorbing, clever and heartening debut."

- Alison Moore, author of The Lighthouse

